

# SPORT COURT

4606 SE Boardman, Milwaukie, OR 97267 503-659-3845  
www.EastSideAthleticClub.com

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
6:00am	OPEN GYM 6AM - 9AM	OPEN GYM 6AM-6PM	OPEN GYM 6AM-9AM	OPEN GYM 6AM-6PM	OPEN GYM 6AM-8PM	OPEN GYM 8AM-9:30AM	OPEN GYM 8AM-3PM		
7:00am									
8:00am									
9:00am	KID FITness 9-9:45AM		KID FITness 9-9:45AM			KID FITness 9-9:45AM		KID FITness 9:30AM-10:15AM	
10:00am									
11:00am									
NOON	OPEN GYM 10AM-6PM		OPEN GYM 10AM-6PM			OPEN GYM 10AM-6PM		OPEN GYM 6AM-8PM	FAMILY OPEN GYM 10:30AM-3PM
1:00pm									
2:00pm									
3:00pm									
4:00pm									
5:00pm									
6:00pm	KID FITness 6-6:45PM	KID FITness 6-6:45PM	KID FITness 6-6:45PM	KID FITness 6-6:45PM					
7:00pm	OPEN GYM 7-8PM	OPEN GYM 7-8PM	OPEN GYM 7-8PM	OPEN GYM 7-8PM					

<b>Family Open Gym</b>	Open to all EXECUTIVE members for Basketball. Children under the age of 13 must be accompanied by an adult (16 or older)
<b>Open Gym</b>	Open to all EXECUTIVE members 13 & older for Basketball.
<b>Kid Fitness</b>	An hour of non-stop, action packed fun! EXECUTIVE members age 5-8 play games which highlight teamwork, sportsmanship and fitness.

- **NO FOOD OR BEVERAGES ALLOWED ON THE SPORT COURT EXCEPT WATER IN WATER BOTTLES**
- **"STREET SHOES" NOT ALLOWED ON THE COURT. PLEASE WEAR NON-MARKING ATHLETIC SHOES**
  - **ACCESS TO SPORT COURT IS FOR EXECUTIVE MEMBERS ONLY**
    - **NO WALLYBALL/VOLLEYBALL IN SPORT COURT**
    - **NO SWIM SUITS, BARE FEET OR "FLIP FLOPS"**
- **INAPPROPRIATE BEHAVIOR WILL RESULT IN LOSS OF SPORT COURT PRIVILEGES AND/OR TERMINATION OF MEMBERSHIP**