

YOUTH CLASSES

FREE FOR EXECUTIVE MEMBERS



POWER PLAY

Organized group training led by a certified personal trainer. This class will host a variety of different fitness activities each week.

Milwaukie Club
TUE/THUR 6-7pm

**AGES
9-12**

Clackamas Club
THUR 6:05-7:05pm

East Side
ATHLETIC CLUBS

KID FIT

An hour of non-stop, action packed fun! Kids will play games that highlight teamwork, sportsmanship and fitness.

Milwaukie Club
FRI 6-7pm

**AGES
5-8**

Clackamas Club
SAT 9:15-10:15am

Starting
the week of
9/21/15